

Respiratory Syncytial Virus (RSV)

CHARACTERISTICS

Svnonvm or Cross Reference

Disease

Worsening of symptoms which could lead to severe infections such as bronchiolitis, an inflammation of the small airways in the lung, and pneumonia, an infection of the lungs.

Morphology

Classified as a member of the genus Pneumovirus in the family Pneumoviridae. The viral genome consists of a linear, single-stranded, negative-sense, non-segmented RNA (~15.2 kb). RSV lacks haemagglutinin and neuraminidase activity. Virus particles are enveloped and pleomorphic, occurring as irregular spherical particles that are 100 to 350 nm in diam., and as long filamentous fibers that are 60 to 200 nm in diam. and 10 μ m in length.

Zoonosis

RISK GROUP & CONTAINMENT REQUIREMENTS

ABSI 2

For all procedures utilizing infected animals.

BSL-2

All procedures must be performed in a BSC, unless otherwise approved and stated in lab-specific manual. If oncogenic trangenes $\,$ are used, the containment level should be raised to BSL-2+

Risk Group 3

Agents that are associated with human disease which is rarely serious and for which preventive or therapeutic interventions are often available.

LABORATORY HAZARDS

Primary Hazards

Close contact with someone who is infected via secretions from coughing and sneezing or touching objects such as toys or doorknobs that have the virus on them

Sources

Samples described in IBC protocol.

Lab Acquired Infections (LAIs) One case of laboratory-acquired infection with RSV was reported before 1976. In a review of laboratory-acquired infections in Canada from 2016 to 2021, RSV was not identified.

PERSONAL PROTECTIVE EQUIPMENT

Additional Precautions Additional PPE may be required depending on lab-specific SOPs and IBC Protocol

Minimum PPE

Requirements

Lab coat, disposable gloves, safety glasses, closed toed shoes, long

SPILL PROCEDURES

Large

Immediately notify all lab personnel and clear the area. Remove any contaminated PPE/clothing before exiting the lab. Lock all entry doors, post warning signage, and deny entry. Call DPS (213-740-4321) and ask to notify EH&S. Inform the PI and/or Lab Manager/Supervisor as soon as possible.

Small

Notify all lab personnel lab. Remove contaminated PPE and don new PPE. Cover spill area with absorbent material and add fresh 1:10 bleach:water. Allow 20 minutes (or as directed) contact time. After 20 minutes, clean up and dispose of materials.

VIABILITY

Disinfection

Use 10 % dilution of household bleach (minimum 0.3% sodium hypochlorite) for 20 to 30 minutes, or an acceptable time approved by IBC and EH&S.

Survival Outside Host

RSV is very vulnerable to environmental changes, particularly temperature and humidity. It is sensitive to high and low temperatures and to drying (i.e., low humidity levels). It loses up to 90% infectivity at room temperature after 48 hours and up to 99% at 1°C after 7 days. The optimal pH is 7.5. It may survive for about 3 to 30 hours on nonporous surfaces at room temperature. RSV can be recovered from countertops for up to 7 hours, from rubber gloves for 5 hours, from cloth material for 2 hours, and from skin for up to 20 minutes. Survival times decrease slightly in higher temperature environments.

HEALTH HAZARDS

Host Range

Humans. Various animal species have been experimentally infected with RSV, including cotton rats, mice, ferrets, guinea pigs, hamsters, marmosets, lambs, and nonhuman primates

Incubation Period

Incubation period for RSV infection ranges from 2 to 8 days. RSV is shed during the period of active disease and can continue for over 20 days after clinical recovery

Infectious Dose

The infectious dose for RSV is > 160 - 640 viral units, administered

through intranasal spray, as listed by NIH.

Modes of Transmission Direct contact with infectious secretions (via fomites) and/or large particle aerosols. RSV is communicable during the period of active disease, and for as long as a month after. It is not readily transmitted from person-to-person, since significant and prolonged contact is required with infected individuals.

Signs and Symptoms RSV usually causes mild cold-like signs and symptoms. These include: congested or runny nose, dry cough, low-grade fever, sore throat, sneezing, and headache.

EXPOSURE PROCEDURES

Medical Follow-

Other Exposures

Visit USC's designated healthcare provider. Bring a copy of this

Mucous

Membrane

Flush eyes for 5-10 minutes at eyewash station.

Immediately wash affected area with soap and water for 15

Reporting

Immediately report incident to supervisor, notify EH&S, and

complete Manager's Report.

MEDICAL PRECAUTIONS/TREATMENT

Prophylaxis

Palivizumab is a humanized monoclonal antibody that is administered intramuscularly to high-risk infants for RSV Aerosolized ribavirin may be administered to immunocompromised patients with severe illness and can be used in combination with palivizumab prophylactic treatment.

Surveillance

There are four main laboratory techniques for diagnosing RSV, including virus cultures, serology, immunofluorescence and/or antigen detection, and nucleic acid-based tests. Rapid diagnostic techniques for viral antigen detection, including immunofluorescent-antibody assay, optical immunoassay, enzyme immunoassay, and chromatographic immunoassay are preferred as most are commercially available, easy to perform and $% \left(x\right) =\left(x\right) +\left(x\right) +$ produce rapid results. Direct fluorescent antibody testing is useful in high-risk patients and produces a rapid response, however, the sensitivity decreases in adult patients. Nucleic acid tests (such as RT-PCR) are generally more sensitive.

Treatment

See Prophylaxis above.

USC Requirements Immediately report any exposures to Environmental Health &

Vaccines

No vaccine is currently available; however, there are several vaccines being developed. The Novavax vaccine has completed Phase II clinical trial. There are five subunit vaccines in Phase I trials and one in a Phase II trial.

REFERENCES

BMBI

http://tiny.cc/cdc-bmbl

NIH Guidelines http://tiny.cc/nih-bio-secure

Montana State University http://tiny.cc/msu-psds

https://www.cdc.gov/

Virginia Tech http://tiny.cc/vt-psds

American Lung Association https://www.lung.org/lung-health-

diseases/lung-disease-lookup/rsv/learnabout-rsv

