

QuickGuide COVID-19 Cloth Face Covering

Cloth face coverings + surgical masks help reduce the spread of potentially infectious droplets within the community when combined with physical distancing and hand washing.

CLOTH FACE COVERING CARE

- Wash cloth face covering frequently, ideally after each use, or at least daily.
- Launder with detergent and hot water.
- Dry on hot cycle.
- Wash your hands when putting on and removing your face covering and avoid touching your face.



FACE COVERINGS VS PPE

A cloth face covering is not considered PPE. PPE is worn by healthcare workers or those who provide services for a person who is suspected to have COVID-19. A face covering is recommended for the general public to reduce the spread of infectious particles into the air when the wearer speaks, coughs, or sneezes.

Remember to practice hand hygiene after touching or adjusting your face covering and mask. Wash hands with soap and water or use an alcohol-based sanitizer.

The Following are No Longer Acceptable per Cal-OSHA's COVID-19 Protection Plan

- Bandana
- Neck Gaiter
- Homemade sewn cloth
- Scarf
- Tightly woven fabric e.g., cotton T-shirts

Wear a fitted cloth face covering in combination with a fitted mask to improve filtering efficiency and maximize protection.

RESOURCES

CDC - [Improve How Your Mask Protects You](#)
[Maximizing Fit for Cloth and Medical...Masks](#)
[Cloth Face Covers](#)

CA DPH - [CA DPH Mask Guidance](#)

EH&S - [PPE Risk Matrix](#)
[COVID-19 Surgical Mask Use Quick Guide](#)